

Position Title: Polysomnography Technician
Department: Neurodiagnostics—Sleep Lab
Pay Rate: Depends on experience

Job Summary:

Performs comprehensive polysomnographic testing and analysis, and associated interventions related to sleep disorders.

Job Relationships:

Responsible to: Director of Cardiopulmonary/Supervisor Cardiopulmonary
Department/Supervisor of the Sleep Lab Department

Essential Job Functions:

The following is a summary of the essential functions of this job. The incumbent may perform other duties, both major and minor, that are not mentioned below; and specific functions may change from time to time. Gathers and analyzes patient information. Performs preparation procedures. Performs polysomnographic procedures. Performs polysomnographic recording scoring. Manages service issues and professional issues.

Education and formal training/experience:

Successful completion of an accredited educational program leading to an associate degree with an emphasis in polysomnography or Successful completion of a polysomnography program of no less than one year duration associated with a state licensed and/or a nationally accredited educational facility or equivalent experience and documented proficiency at all competencies required of a polysomnographic technologist or certification by the Board of Registered Polysomnographic Technologists.

Knowledge, skills, and abilities required:

Knowledge of the function, operations, maintenance of various types of polysomnographic equipment. Knowledge of sleep disorders/EEG processes and applications, including knowledge of normal/abnormal cardio-respiratory, neurological, and sleep physiology. Working capabilities for processing patients, performing varied and required sleep studies, recording/scoring/reviewing/generating reports/summarizing and reading studies, calibrate equipment, and perform PAP fittings. Knowledge of sleep protocols and procedures applicable to the activities of a sleep center, (ie MSLT, MWT, parasomnia studies, C-Pap). Guidelines and standards regarding safety and infection control issues. Demonstrates effective written and spoken communication skills. Demonstrates appropriate social skills. Demonstrates ability to follow direction.

Physical Requirements:

While performing this job, the employee is frequently required to stand; use hands to handle, or feel; reach with hands and arms; climb or balance; and talk to hear. The employee is occasionally required to walk; sit; and stoop, kneel, crouch, or crawl. The

employee must regularly lift and/or move up to 10 pounds, frequently lift and/or move up to 25 pounds, and occasionally lift and/or move up to 50 pounds. Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus. Must be able to perform CPR.